|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Training Area**  **1** | Youth Girls  6.30-7.45 | U14 Boys  6.00-7.15 | Senior Women  7.00-8.30 | Senior Men  7.00-8.30 | P6/7  6.30-7.40 |
| **Training Area**  **2** |  |  | Senior Women  7.00-8.30 | Senior Men  7.00-8.30 | P4/5  6.15-7.25 |
| **Training Area**  **3** |  | U16 Boys  6.15-7.30 |  |  | P1/2/3  6.00-7.10 |
| **Training Area**  **4** |  |  |  |  |  |



**Annan Rugby Club**

**Training Schedule**

**Minis, Youth and Senior Women’s Training will resume week commencing Monday 17th August.**

**Senior Men’s Training Date TBC**